

Directions for care after MI Varnish™ application

After the application of MI Varnish™, you will feel a coating and may notice a difference in colour while the varnish remains on your teeth. To obtain the maximum benefit from your MI Varnish™ application, we recommend you take the following care after you leave the dental practice:

- Leave MI Varnish™ on your teeth. Do not brush or floss for at least 4 hours.
- Avoid hard, hot or sticky foods, and products containing alcohol (e.g. oral rinses, alcoholic beverages etc) while MI Varnish™ is on the teeth.
- Do not use fluoride gels or prescription toothpastes on the same day. Do not use fluoride tablets on the same day and for several days after treatment – contact your dentist for further advice.
- GC Tooth Mousse Plus® should not be used on the same day but can be used from the following day.
- GC Tooth Mousse® (without fluoride) can be used four hours after application of MI Varnish™.
- For optimum results, do not brush teeth until next day. A thorough brushing and flossing will easily remove any remaining MI Varnish™ after completion of treatment.
- In rare cases, MI Varnish™ may cause sensitivity in some people. If any such reactions are experienced, discontinue the use of the product and contact your dentist and/or a physician.



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